EAP COVID-19 resources

Working parents: How to juggle your changing demands and home school your child

With the world on lockdown, many parents have had to take on new roles and responsibilities. For some, this includes home schooling and/or child care duty while trying to keep up with work meetings and assignments.

This 20-minute recorded training session offers advice on how to successfully balance work demands and the changing needs within the home. Watch at your own convenience.

Register and view the recording